

SROC Morecambe NW Urban League

December 01, 2024

RESULTS

MYJ - 2.3km

<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Age Class</u>	<u>Time Behind</u>
	Murray Page	SROC	M12	w11

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RESULTS

WYJ - 2.3km

Pos	Name	Club	Age Class	Time	Behind
1st	Harriet Rooke	LOC	W10	20:32	
2nd	Cecily Rooke	LOC	W10	29:31	+8:59

SROC Morecambe NW Urban League

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RESULTS

MJ - 3.7km 5m

Pos	Name	Club	Age Class	Time	Behind
1st	Thomas Chapman	SROC	M14	23:27	

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RESULTS

WJ - 3.7km 5m

Pos	Name	Club	Age Class	Time Behind
1st	Maisie Todhunter	SROC	W12	36:09

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RESULTS

MO - 9.4km 40m

Pos	Name	Club	Age Class	Time	Behind
1st	Matthew Rooke	LOC	M35	57:36	
2nd	Duncan Harris	DEE	M55	58:15	+0:39
3rd	John Embrey	SROC	M65	61:48	+4:12
4th	Calvin Routledge	SROC	M55	63:28	+5:52
5th	Keith Tonkin	BL	M65	64:47	+7:11
6th	Ian Porter	SROC	M55	66:27	+8:51
7th	Jake Roberts	IND	M21	69:50	+12:14
8th	Mike Snell	ERYRI	M65	72:09	+14:33
9th	Alex Kendall	MV	M35	73:15	+15:39
10th	Robert Wyllie	ESOC	M21	74:00	+16:24
11th	Mark Sammon	SELOC	M50	78:08	+20:32

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RESULTS

WO - 7.3km 40m

Pos	Name	Club	Age Class	Time	Behind
1st	Karen Nash	SROC	W60	57:55	
2nd	Aly Brook	PFO	W35	65:56	+8:01
3rd	Kitty Jones	DEE	W21	69:39	+11:44
4th	Maggie Preece		W20	102:33	+44:38

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RESULTS

MV - 7.3km 40m

Pos	Name	Club	Age Class	Time	Behind
1st	Steven White	PFO	M45	48:41	
2nd	James Todhunter	SROC	M45	50:02	+1:21
3rd	Trevor Hindle	MDOC	M60	51:21	+2:40
4th	Greg May	PFO	M40	51:35	+2:54
5th	Allan Hodkinson	PFO	M45	52:08	+3:27
6th	Mark Villiers	PFO	M45	52:51	+4:10
7th	Ben Carter	PFO	M45	55:39	+6:58
8th	Phil Newall	WCOC	M60	56:10	+7:29
9th	Andrew Mort	SROC	M50	65:53	+17:12

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RESULTS

WV - 6.2km 25m

Pos	Name	Club	Age Class	Time	Behind
1st	Rebecca Rowe	SROC	W45	53:19	
2nd	Liz Heaton	LOC	W40	53:32	+0:13
3rd	Helen Ellis	PFO	W50	53:53	+0:34
4th	Alex Crawford	WCOC	W50	53:56	+0:37
5th	Jo Matthew	SROC	W50	54:08	+0:49
6th	Diane Jacks	WRE	W55	55:57	+2:38
7th	Adele Newall	WCOC	W60	60:29	+7:10
8th	Hazel Hindle	MDOC	W60	64:00	+10:41
9th	Olga Wiggins		W45	98:43	+45:24

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RESULTS

MSV - 6.2km 25m

Pos	Name	Club	Age Class	Time	Behind
1st	Mike Johnson	SROC	M60	40:05	
2nd	Stuart Crawford	WCOC	M55	42:03	+1:58
3rd	Murray White	DVO	M55	48:15	+8:10
4th	Pauly Jones	DEE	M55	49:16	+9:11
5th	Andy Ellis	PFO	M60	50:54	+10:49
6th	Patrick Smyth	NATO	M65	51:01	+10:56
7th	Andy Robinson	LOC	M70	52:43	+12:38
8th	Brendan Bolland	WAROC	M55	59:49	+19:44
9th	John Taylor	SROC	M75	59:54	+19:49
	Andrew Quickfall	SROC	M65	m7-22	

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RESULTS

WSV - 4.8km 25m

Pos	Name	Club	Age Class	Time	Behind
1st	Stella Lewsley	BL	W70	40:10	
2nd	Jane Anthony	SROC	W65	41:16	+1:06
3rd	Carol Dredge	WCH	W65	45:02	+4:52
4th	Christine Kiddier	BL	W70	47:21	+7:11
5th	Karen Quickfall	SROC	W60	47:32	+7:22
6th	Debbie Thompson	BL	W65	48:16	+8:06
7th	Rach Stavert	LOC	W55	48:48	+8:38
8th	Cath Lee	LOC	W60	49:55	+9:45
9th	Amanda Ward	HALO	W60	56:29	+16:19
10th	Jo Taylor	SROC	W60	57:13	+17:03
11th	Jane Yates	BL	W55	57:51	+17:41
12th	Ruth Harris	DEE	W55	62:38	+22:28
13th	Sandy Turner	LOC	W55	66:20	+26:10

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RESULTS

MUV - 4.8km 25m

Pos	Name	Club	Age Class	Time	Behind
1st	John Britton	MDOC	M70	38:46	
2nd	Paul Turner	SELOC	M65	39:07	+0:21
3rd	Andy Lewsley	BL	M65	43:07	+4:21
4th	John Broadhead	LOC	M65	44:08	+5:22
5th	Simon Filmore	LOC	M65	45:51	+7:05
6th	Michael McLoughlin	SROC	M70	51:36	+12:50
7th	David Lloyd	LOC	M70	53:43	+14:57
8th	Kevin Gallagher	LEI	M75	54:29	+15:43
9th	David Hargreaves	SROC	M70	56:32	+17:46
10th	Peter Hayes	MDOC	M65	56:38	+17:52
11th	Philip Senior	LOC	M70	112:35	+73:49

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RESULTS

WUV - 4km 15m

Pos	Name	Club	Age Class	Time	Behind
1st	Jacqueline Embrey	SROC	W65	37:12	
2nd	Patricia Davies	BL	W65	39:57	+2:45
3rd	Christine Robinson	LOC	W65	41:17	+4:05
4th	Susan Roome	SROC	W70	43:42	+6:30
5th	Marie Roberts	MDOC	W65	48:47	+11:35
6th	Ruth Ellis	DVO	W70	48:58	+11:46
7th	Rowan Purkis	LOC	W70	51:33	+14:21
8th	Maureen Webb	LEI	W70	53:14	+16:02
9th	Judith Filmore	LOC	W65	53:39	+16:27

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RESULTS

MHV - 4km 15m

Pos	Name	Club	Age Class	Time	Behind
1st	Norman Hall	DEE	M75	37:19	
2nd	Steve Brockbank	LOC	M75	40:39	+3:20
3rd	Dave Skidmore	DVO	M75	48:07	+10:48
4th	Alan Mullock	DEE	M75	50:01	+12:42
5th	Trevor Roberts	MDOC	M75	62:20	+25:01
6th	Mike Atherton	LOC	M80	62:33	+25:14
7th	Richard Moss	BL	M80	72:29	+35:10

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RESULTS

WHV - 4km 15m

Pos	Name	Club	Age Class	Time	Behind
1st	Miriam Rosen	SROC	W75	45:15	
2nd	Dawn Lock	SROC	W75	66:20	+21:05

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RESULTS

Course 2 Open - 7.3km 40m

<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Age Class</u>	<u>Time Behind</u>
1st	Jack Villiers	PFO	M20	50:48

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RESULTS

Course 4 Open - 4.8km 25m

Pos	Name	Club	Age Class	Time	Behind
1st	Brian Ward	HALO	M60	41:53	
2nd	Ben Todhunter	SROC	M16	52:32	+10:39
3rd	John Brewer	SROC	M60	57:48	+15:55

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RESULTS

Course 5 Open - 4km 15m

Pos	Name	Club	Age Class	Time	Behind
1st	Jack Smith	IND	M21	31:42	
2nd	Louise Dunn	SROC	W60	33:55	+2:13
3rd	Sophie Roberts	SROC	W21	35:35	+3:53

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RESULTS

Course 6 Open - 3.7km 5m

Pos	Name	Club	Age Class	Time	Behind
1st	Ally Chapman	SROC	W45	30:56	
2nd	Annette Mort	SROC	W50	47:49	+16:53

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RESULTS

Course 1 - 9.4km 40m

Pos	Name	Club	Age Class	Class	Time	Behind
1st	Matthew Rooke	LOC	M35	MO	57:36	
2nd	Duncan Harris	DEE	M55	MO	58:15	+0:39
3rd	John Embrey	SROC	M65	MO	61:48	+4:12
4th	Calvin Routledge	SROC	M55	MO	63:28	+5:52
5th	Keith Tonkin	BL	M65	MO	64:47	+7:11
6th	Ian Porter	SROC	M55	MO	66:27	+8:51
7th	Jake Roberts	IND	M21	MO	69:50	+12:14
8th	Mike Snell	ERYRI	M65	MO	72:09	+14:33
9th	Alex Kendall	MV	M35	MO	73:15	+15:39
10th	Robert Wyllie	ESOC	M21	MO	74:00	+16:24
11th	Mark Sammon	SELOC	M50	MO	78:08	+20:32

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RESULTS

Course 2 - 7.3km 40m

Pos	Name	Club	Age Class	Class	Time	Behind
1st	Steven White	PFO	M45	MV	48:41	
2nd	James Todhunter	SROC	M45	MV	50:02	+1:21
3rd	Jack Villiers	PFO	M20	Course 2 Open	50:48	+2:07
4th	Trevor Hindle	MDOC	M60	MV	51:21	+2:40
5th	Greg May	PFO	M40	MV	51:35	+2:54
6th	Allan Hodgkinson	PFO	M45	MV	52:08	+3:27
7th	Mark Villiers	PFO	M45	MV	52:51	+4:10
8th	Ben Carter	PFO	M45	MV	55:39	+6:58
9th	Phil Newall	WCOC	M60	MV	56:10	+7:29
10th	Karen Nash	SROC	W60	WO	57:55	+9:14
11th	Andrew Mort	SROC	M50	MV	65:53	+17:12
12th	Aly Brook	PFO	W35	WO	65:56	+17:15
13th	Kitty Jones	DEE	W21	WO	69:39	+20:58
14th	Maggie Preece		W20	WO	102:33	+53:52

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RESULTS

Course 3 - 6.2km 25m

Pos	Name	Club	Age	Class	Class	Time	Behind
1st	Mike Johnson	SROC	M60	MSV		40:05	
2nd	Stuart Crawford	WCOC	M55	MSV		42:03	+1:58
3rd	Murray White	DVO	M55	MSV		48:15	+8:10
4th	Pauly Jones	DEE	M55	MSV		49:16	+9:11
5th	Andy Ellis	PFO	M60	MSV		50:54	+10:49
6th	Patrick Smyth	NATO	M65	MSV		51:01	+10:56
7th	Andy Robinson	LOC	M70	MSV		52:43	+12:38
8th	Rebecca Rowe	SROC	W45	WV		53:19	+13:14
9th	Liz Heaton	LOC	W40	WV		53:32	+13:27
10th	Helen Ellis	PFO	W50	WV		53:53	+13:48
11th	Alex Crawford	WCOC	W50	WV		53:56	+13:51
12th	Jo Matthew	SROC	W50	WV		54:08	+14:03
13th	Diane Jacks	WRE	W55	WV		55:57	+15:52
14th	Brendan Bolland	WAROC	M55	MSV		59:49	+19:44
15th	John Taylor	SROC	M75	MSV		59:54	+19:49
16th	Adele Newall	WCOC	W60	WV		60:29	+20:24
17th	Hazel Hindle	MDOC	W60	WV		64:00	+23:55
18th	Olga Wiggins		W45	WV		98:43	+58:38
	Andrew Quickfall	SROC	M65	MSV		m7-22	

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RESULTS

Course 4 - 4.8km 25m

Pos	Name	Club	Age Class	Class	Time	Behind
1st	John Britton	MDOC	M70	MUV	38:46	
2nd	Paul Turner	SELOC	M65	MUV	39:07	+0:21
3rd	Stella Lewsley	BL	W70	WSV	40:10	+1:24
4th	Jane Anthony	SROC	W65	WSV	41:16	+2:30
5th	Brian Ward	HALO	M60	Course 4 Open	41:53	+3:07
6th	Andy Lewsley	BL	M65	MUV	43:07	+4:21
7th	John Broadhead	LOC	M65	MUV	44:08	+5:22
8th	Carol Dredge	WCH	W65	WSV	45:02	+6:16
9th	Simon Filmore	LOC	M65	MUV	45:51	+7:05
10th	Christine Kiddier	BL	W70	WSV	47:21	+8:35
11th	Karen Quickfall	SROC	W60	WSV	47:32	+8:46
12th	Debbie Thompson	BL	W65	WSV	48:16	+9:30
13th	Rach Stavert	LOC	W55	WSV	48:48	+10:02
14th	Cath Lee	LOC	W60	WSV	49:55	+11:09
15th	Michael McLoughlin	SROC	M70	MUV	51:36	+12:50
16th	Ben Todhunter	SROC	M16	Course 4 Open	52:32	+13:46
17th	David Lloyd	LOC	M70	MUV	53:43	+14:57
18th	Kevin Gallagher	LEI	M75	MUV	54:29	+15:43
19th	Amanda Ward	HALO	W60	WSV	56:29	+17:43
20th	David Hargreaves	SROC	M70	MUV	56:32	+17:46
21st	Peter Hayes	MDOC	M65	MUV	56:38	+17:52
22nd	Jo Taylor	SROC	W60	WSV	57:13	+18:27
23rd	John Brewer	SROC	M60	Course 4 Open	57:48	+19:02
24th	Jane Yates	BL	W55	WSV	57:51	+19:05
25th	Ruth Harris	DEE	W55	WSV	62:38	+23:52
26th	Sandy Turner	LOC	W55	WSV	66:20	+27:34
27th	Philip Senior	LOC	M70	MUV	112:35	+73:49

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RESULTS

Course 5 - 4km 15m

Pos	Name	Club	Age Class	Class	Time	Behind
1st	Jack Smith	IND	M21	Course 5 Open	31:42	
2nd	Louise Dunn	SROC	W60	Course 5 Open	33:55	+2:13
3rd	Sophie Roberts	SROC	W21	Course 5 Open	35:35	+3:53
4th	Jacqueline Embrey	SROC	W65	WUV	37:12	+5:30
5th	Norman Hall	DEE	M75	MHV	37:19	+5:37
6th	Patricia Davies	BL	W65	WUV	39:57	+8:15
7th	Steve Brockbank	LOC	M75	MHV	40:39	+8:57
8th	Christine Robinson	LOC	W65	WUV	41:17	+9:35
9th	Susan Roome	SROC	W70	WUV	43:42	+12:00
10th	Miriam Rosen	SROC	W75	WHV	45:15	+13:33
11th	Dave Skidmore	DVO	M75	MHV	48:07	+16:25
12th	Marie Roberts	MDOC	W65	WUV	48:47	+17:05
13th	Ruth Ellis	DVO	W70	WUV	48:58	+17:16
14th	Alan Mullock	DEE	M75	MHV	50:01	+18:19
15th	Rowan Purkis	LOC	W70	WUV	51:33	+19:51
16th	Maureen Webb	LEI	W70	WUV	53:14	+21:32
17th	Judith Filmore	LOC	W65	WUV	53:39	+21:57
18th	Trevor Roberts	MDOC	M75	MHV	62:20	+30:38
19th	Mike Atherton	LOC	M80	MHV	62:33	+30:51
20th	Dawn Lock	SROC	W75	WHV	66:20	+34:38
21st	Richard Moss	BL	M80	MHV	72:29	+40:47

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RESULTS

Course 6 - 3.7km 5m

Pos	Name	Club	Age Class	Class	Time	Behind
1st	Thomas Chapman	SROC	M14	MJ	23:27	
2nd	Ally Chapman	SROC	W45	Course 6 Open	30:56	+7:29
3rd	Maisie Todhunter	SROC	W12	WJ	36:09	+12:42
4th	Annette Mort	SROC	W50	Course 6 Open	47:49	+24:22

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RESULTS

Course 7 - 2.3km

Pos	Name	Club	Age Class	Class	Time	Behind
1st	Harriet Rooke	LOC	W10	WYJ	20:32	
2nd	Cecily Rooke	LOC	W10	WYJ	29:31	+8:59
	Murray Page	SROC	M12	MYJ	w11	