

SROC Picnic Event: Saturday, 29th June: Final Details:

Welcome to the fun event of the year! Michael Fish has assured me that Saturday is going to be a scorcher, so as there are no brambles or nettles on Eggerslack shorts and sleeveless tops will be OK for the foolhardy. But everyone, please check for ticks afterwards. And there will be prizes! These will go to the best male and best female on the Odds/Evens course, and to the best male and best female on the Simple Score course.

Venue: Entry into Eggerslack Wood is about 500m north of Grange central railway station, on the B5271 road out of the town towards Lindale. Car parking will be at competitor's discretion, but the most convenient place will be the 'Windermere' Car Park (Post Code LA11 6EG) off this road. This is a Pay and Display CP, tariffs being £2.20 for 2 hours, £3.20 for 3 hours and £3.90 for 4 hours. Alternatively, free roadside parking is possible on local roads.

REGISTRATION: This will take place at the start within the wood itself. You will only need to sign your name and SI number on the register which is all we need to programme you in. Remember there is no charge to club members. But we are a sociable club and if friends from another club also wish to join in the fun they will be very welcome. All we would ask is a £1.00 contribution to cover the cost of the map and for the person(s) to let the organiser know so that we get enough maps printed.

START: Enter the woodland at the first stile (gap in the wall) located immediately after the last house on the left as you walk up from the 'Windermere' CP on the B5271. This is about 200m from the CP. Then follow the tapes into the wood for 500m. Please allow enough time to gather at the start, register and be ready for the **mass start at 1.00 pm.**

Type of Event: This is a one-hour 'odds and evens' score event, with a changeover control to be visited before switching over. Once the switch has been made it will not be possible to change back. However, for those who wish it, especially younger and less experienced competitors, there will be an option to do the course as a simple score event, taking each control as it comes. Each control visited will be worth 10 points, with 5 points deducted for every minute, or part thereof, over the hour.

At the site of 2 odd and 2 even, randomly selected, controls there will be a Mars Bar for the lucky finder. However, if you are lucky once and come across another please leave it for someone else.

Terrain: This is an ancient woodland on a limestone hillside, popular with walkers. It offers an excellent technical and physical challenge so it will be important to keep in close contact with the map. Many parts underfoot are covered in loose stones or the typically moss-covered limestone clints and grykes. **Great care must be exercised**, especially in wet conditions.

PLEASE REMEMBER:

- This is the annual Club picnic and free of charge to club members, so **please bring food and drink for an alfresco Jacob's Join after your run.** You will also need to bring your own knives, forks, glasses etc. There will be a safe place at the Start/Finish area where you can leave your food and any spare clothing whilst you are doing the event.
 - The area is popular with members of the general public, some of whom may have dogs, or possibly be on mountain bikes or horses. Please be courteous and give them a wide berth if necessary.
 - Orienteering is an outdoor adventure sport and whilst care has been taken in planning the event you are still responsible for your own safety.
 - Any queries, please contact Julian Lailey, phone 01524 845990, or email kezi1@btinternet.com
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