

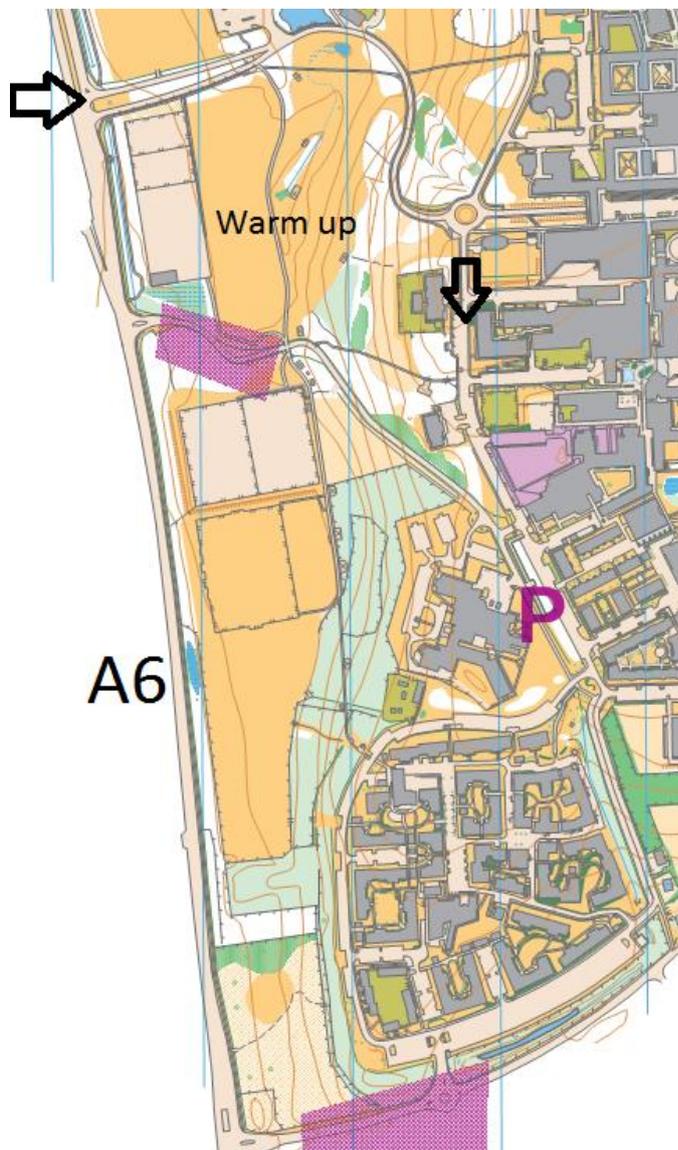
SROC sprint orienteering incorporating the North West Urban League 2 July 2019

Venue: Lancaster University

Directions: By car: Please approach via the A6 and the main campus entrance. Drive up the hill past the Sports Centre to the roundabout and turn right. About 200 metres after the building site (out of bounds on the map extract below) you reach Grizedale College, indicated by a large blue sign on the left (and probably the SROC flag nearby). Park on either side of the road. Registration (from 18:00 £6/£2) will be near the blue sign. Please do not arrive via Hazelrigg Lane or the hotel road. There are frequent buses to campus from the centre of Lancaster and Lancaster railway station.

SI card (not SIAC) available to hire free (but charged at cost if lost or damaged)

There is a toilet in Grizedale College, east of parking. All built-up areas of campus (except the direct route to Grizedale College) are out of bounds before and after the courses. If you wish to warm up, please go down the road that runs north-west from Parking, and use the playing fields and wooded areas (see map extract below). **NO DOGS** allowed on campus.



Format – There will be a Prologue of 1.4 km (40m climb) and then a Final of 2.5 km (20m climb). Usual SROC age classes and NWUL age classes will be used for calculation of league points.

Map scale 1:4000, contours 2.5m.

Controls consist of an SI box (SIAC enabled) and a flag secured to a fixed object. Controls described as “building corner” may be secured to the building up to a metre away from the corner. Controls may be on the ground.

The university has peripheral ring roads from which cul-de-sac parking roads lead inwards. No courses cross or use the peripheral roads, but some route choices cross the parking roads. All roads should be quiet as “term” has finished. Secondary school children may compete unaccompanied with parental permission. Younger children must compete in a group containing at least one adult.

Prologue: the route to the start will be taped from registration and may involve multiple road crossings. Punching start - when you like (at intervals of 30+ seconds) between 18:30 and 19:00. Then from the finish return promptly to Download which is adjacent to Registration. If there are large numbers of competitors, early finishers may be asked to recycle their maps to later starters. As soon as the Prologue results have been compiled (probably about 19:30), the Final will begin

Final: Assemble at Registration/Download to walk together to the pre-start and line up in race order. Competitors start in reverse order of Prologue result (slowest first) at fixed intervals of 30 seconds (or a shorter if we have a large number of competitors). Punching start.

The courses may include gaffles, butterflies and/or other means to avoid bunching. Competitors should be prepared to revisit controls already visited, and must record a punch each time.

Terrain: typical university campus with a mixture of hard surface, grass and gravel. Hazards include steps, stairs, uneven surfaces, bollards, pillars, railings, narrow ginnels, tight corners and pedestrians. Please take corners wide and expect to meet people coming the opposite way.

There are numerous uncrossable walls and hedges on the map. Many hedges have wires inside dating from planting. Anyone crossing such features compromises the future use of this area for orienteering, and will be disqualified. Marshalls will be present with cameras to record violations.

All buildings are out of bounds, even when there are tempting doorways! There are many building pass-throughs on the map, shown as canopy. These have no doors and are permitted route choices. However, there is one such pass-through which does have a door. This is indicated on the map by the overprinted crossing symbol . Because this symbol is not very visible there is also a purple star printed adjacent. The door here is normally open and should be open throughout the event. If this one specific door is closed, you may open it. If you find it (unexpectedly) locked by university personnel, please find another route and we will void the respective leg at Download.

Grizedale College café and bar is nearby and is expected to be open after the Final.

For further information please email the organiser at LancUniJuly2019@oxica.com