

Hampsfell 13/4/08

Course 1	9.6	385
▷		<
1	131	∩
2	113	▲ 0.5
3	252	○
4	150	↑ ∩ 1.5
5	132	↖ ∩ 3.5
6	129	○
7	133	← ∩
8	108	▲ 1.5
9	125	▲ 1.0
10	105	↗ ∩
11	251	⊖
12	119	∩ 1.0
13	144	↗ ▲ 1.5
Turn Map Over for Part 2		
14	106	○
15	111	∩ 1.5
16	137	∩
17	102	▲ 1.0
18	142	∩
19	147	∩
20	121	↑ ∩ 2.0
21	140	○
22	115	→ ∩ 2.5
23	211	▲ 1.0
24	155	∩
25	118	← ∩
26	104	↑ ∩ 2.0
27	107	↘ ○
28	145	⊖
29	123	∩
30	139	∩
⊗ 110 ⊗		

Courses Close at 3.30pm
Remember to download!

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Course 4	5.1	230
▷		<
1	137	∩
2	111	∩ 1.5
3	148	∩
4	112	∩ 1.0
5	119	∩ 1.0
6	144	↗ ▲ 1.5
7	141	○
8	113	▲ 0.5
9	252	○
10	134	▲ 1.0
11	149	↓ ∩ 2.0
12	124	∩
13	146	∩ 3.0
14	118	← ∩
15	143	∩ 1.0
⊗ 300 ⊗		

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Course 5	4.0	220
▷		<
1	131	∩
2	251	⊖
3	211	▲ 1.0
4	105	↗ ∩
5	133	← ∩
6	108	▲ 1.5
7	125	▲ 1.0
8	156	↙ ▲ 1.0
9	118	← ∩
10	122	▲ 1.0
11	126	○
⊗ 250 ⊗		

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Course 3	6.6	260
▷		<
1	140	○
2	251	⊖
3	112	∩ 1.0
4	119	∩ 1.0
5	144	↗ ▲ 1.5
6	137	∩
7	102	▲ 1.0
8	121	↑ ∩ 2.0
9	111	∩ 1.5
10	148	∩
11	134	▲ 1.0
12	133	← ∩
13	125	▲ 1.0
14	132	↖ ∩ 3.5
15	128	∩
16	110	∩
17	122	▲ 1.0
18	126	○
19	107	↘ ○
20	139	∩
⊗ 110 ⊗		

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Course 11	2.8	110
▷		<
1	141	○
2	115	→ ∩ 2.5
3	211	▲ 1.0
4	149	↓ ∩ 2.0
5	252	○
6	113	▲ 0.5
7	201	∩ 2.5
8	107	↘ ○
9	139	∩
⊗ 110 ⊗		

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