

SROC National Event Whitbarrow				
M65L W21S W45L W50L				
07		4.8 km		130 m
▷		⊙		
1	147	⊖		
2	119	∩		
3	167	⊢		⊙
4	148	∩		
5	132	⊖		
6	151	⊗		⊙
7	152	∩		
8	105	∩		
9	180	⊢		⊙
10	150	▲	1.5	⊙
11	182	⊢		⊙
12	138	↑ ∩	1.0	
13	131	∩		
14	135	⊙	0.5	
15	172	⊢		⊙
16	129	⊖		
17	164	⋈		
○----- 40 m ----->⊙				
Course Closes at 15:30 hrs				

SROC National Event Whitbarrow				
M18S M21V M45S M50S W18L				
08		4.7 km		140 m
▷		⊙		
1	120	∧	1.0	↖
2	167	⊢		⊙
3	156	← ∩		
4	155	∩	1.5	
5	105	∩		
6	180	⊢		⊙
7	136	○		
8	145	▲	1.0	
9	185	← ∩	1.5	⊙
10	154	↓ ∩	1.5	
11	150	▲	1.5	⊙
12	182	⊢		⊙
13	138	↑ ∩	1.0	
14	128	∩		
15	171	⊢		⊙
16	142	∩		
17	129	⊖		
18	164	⋈		
○----- 40 m ----->⊙				
Course Closes at 15:30 hrs				

SROC National WRE Whitbarrow				
M70L W16A W55L W60L W20S W35S W40S				
09		3.7 km		125 m
▷		⊙		
1	147	⊖		
2	157	← ∩		
3	167	⊢		⊙
4	122	↙ ∩	1.5	⊙
5	133	▲	3.0	⊙
6	155	∩	1.5	
7	130	∩		
8	180	⊢		⊙
9	125	∩	1.0	
10	154	↓ ∩	1.5	
11	181	⊢		⊙ +
12	153	▲	2.5	⊙
13	128	∩		
14	171	⊢		⊙
15	142	∩		
16	129	⊖		
17	164	⋈		
○----- 40 m ----->⊙				
Course Closes at 15:30 hrs				

Notes

A single "crossing point" symbol has been used for crossing point controls. These may be gates, stiles or a break in the wall.

A symbol with no location added, implies that the flag will be at the centre of the feature, except for a crag, where the flag will be at the centre of the foot.