

| SROC National Event Whitbarrow                    |     |        |   |     |       |   |   |  |  |
|---|-----|--------|---|-----|-------|---|---|--|--|
| M55S M60S M65S M75L W65L W70L W18S W21V W45S W50S |     |        |   |     |       |   |   |  |  |
| 10  |     | 3.7 km |   |     | 115 m |   |   |  |  |
| ▷   |     |        | ⊙ |     |       |   |   |  |  |
| 1   | 147 |        | ⊖ |     |       |   |   |  |  |
| 2   | 158 | ▲      |   | 0.5 | ⊙     |   |   |  |  |
| 3   | 167 | ⊖      |   |     | ⊙     |   |   |  |  |
| 4   | 156 | ←      | ∩ |     |       |   |   |  |  |
| 5   | 160 |        | ∩ |     |       |   |   |  |  |
| 6   | 159 |        | ∩ |     |       |   |   |  |  |
| 7   | 180 |        | ⊖ |     |       |   | ⊙ |  |  |
| 8   | 125 |        | ⌌ | 1.0 |       |   |   |  |  |
| 9   | 154 | ↓      | ⌌ | 1.5 |       |   |   |  |  |
| 10  | 181 |        | ⊖ |     | ⊙     | + |   |  |  |
| 11  | 153 | ▲      |   | 2.5 | ⊙     |   |   |  |  |
| 12  | 135 | ⊙      |   | 0.5 |       |   |   |  |  |
| 13  | 172 | ⊖      |   |     |       |   | ⊙ |  |  |
| 14  | 129 | ⊖      |   |     |       |   |   |  |  |
| 15  | 164 | ⌘      |   |     |       |   |   |  |  |
| ○----- 40 m ----->⊙                               |     |        |   |     |       |   |   |  |  |
| Course Closes at 15:30 hrs                        |     |        |   |     |       |   |   |  |  |

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|---|-----|--------|---|-----|------|--|---|--|--|
| M70S M75S W75L W55S W60S W65S W70S W75S |     |        |   |     |      |  |   |  |  |
| 11                                      |     | 2.4 km |   |     | 80 m |  |   |  |  |
| ▷                                       |     |        | ⊙ |     |      |  |   |  |  |
| 1                                       | 161 |        | ∩ |     |      |  |   |  |  |
| 2                                       | 141 |        | ∩ |     |      |  |   |  |  |
| 3                                       | 158 | ▲      |   | 0.5 | ⊙    |  |   |  |  |
| 4                                       | 167 | ⊖      |   |     |      |  | ⊙ |  |  |
| 5                                       | 156 | ←      | ∩ |     |      |  |   |  |  |
| 6                                       | 160 |        | ∩ |     |      |  |   |  |  |
| 7                                       | 170 | ⊖      |   |     |      |  | ⊙ |  |  |
| 8                                       | 128 |        | ∩ |     |      |  |   |  |  |
| 9                                       | 135 | ⊙      |   | 0.5 |      |  |   |  |  |
| 10                                      | 172 | ⊖      |   |     |      |  | ⊙ |  |  |
| 11                                      | 129 | ⊖      |   |     |      |  |   |  |  |
| 12                                      | 164 | ⌘      |   |     |      |  |   |  |  |
| ○----- 40 m ----->⊙                     |     |        |   |     |      |  |   |  |  |
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|--------------------------------|-----|--------|---|-----|-------|--|---|--|--|
| M21N Red                       |     |        |   |     |       |  |   |  |  |
| 12                             |     | 4.8 km |   |     | 135 m |  |   |  |  |
| ▷                              |     |        | ⊙ |     |       |  |   |  |  |
| 1                              | 161 |        | ∩ |     |       |  |   |  |  |
| 2                              | 167 | ⊖      |   |     |       |  | ⊙ |  |  |
| 3                              | 133 | ▲      |   | 3.0 | ⊙     |  |   |  |  |
| 4                              | 152 |        | ∩ |     |       |  |   |  |  |
| 5                              | 130 |        | ∩ |     |       |  |   |  |  |
| 6                              | 180 | ⊖      |   |     |       |  | ⊙ |  |  |
| 7                              | 150 | ▲      |   | 1.5 | ⊙     |  |   |  |  |
| 8                              | 182 | ⊖      |   |     |       |  | ⊙ |  |  |
| 9                              | 153 | ▲      |   | 2.5 | ⊙     |  |   |  |  |
| 10                             | 162 | ↗      |   |     |       |  | ⊙ |  |  |
| 11                             | 163 | ⊙      | ⊙ | 1.0 | ⊙     |  |   |  |  |
| 12                             | 172 | ⊖      |   |     |       |  | ⊙ |  |  |
| 13                             | 164 | ⌘      |   |     |       |  |   |  |  |
| ○----- 40 m ----->⊙            |     |        |   |     |       |  |   |  |  |
| Course Closes at 15:30 hrs     |     |        |   |     |       |  |   |  |  |

Notes

A single "crossing point" symbol has been used for crossing point controls. These may be gates, stiles or a break in the wall.

A symbol with no location added, implies that the flag will be at the centre of the feature, except for a crag, where the flag will be at the centre of the foot.