



British Sprint Elite Orienteering Championships 2010

Chorley - Lancashire

Sunday 18 April 2010

A UK Cup series race and North West Regional League Event

FINAL DETAILS

Venue:- Astley Park, Astley Village and Chorley Town Centre. Event Centre will be at GR SD 574183. The entry to the park will be on foot only via the entrance on the A581 Southport Road. Competitors and coaches are reminded that the event area is embargoed until the end of the event.

Travel:- From the M61 Junc. 8 turn west on the A674 towards Chorley to roundabout after 500mtrs. Take the 2nd exit towards A6 Chorley and 2nd exit at next immediately following roundabout signed B5252. Continue for approximately 1000mtrs. Take 2nd exit at roundabout and proceed 1200mtrs to junction with A581. Turn left signed 'Town Centre' and follow signs to event car park at Woodlands College.

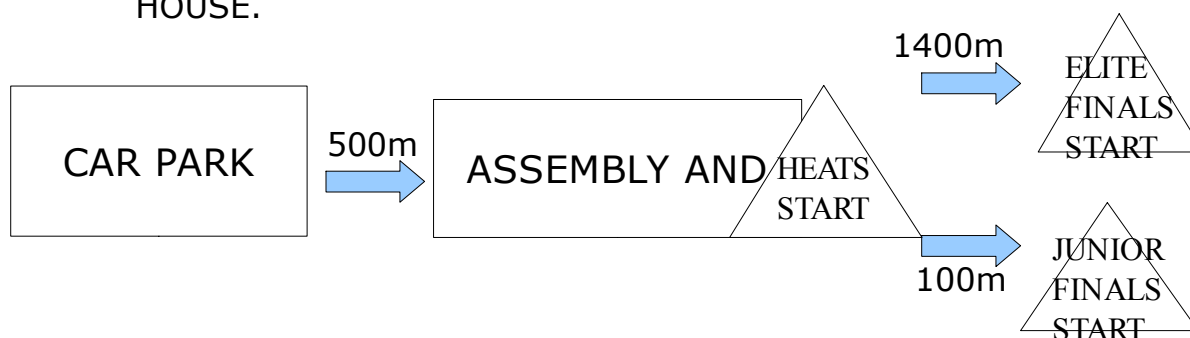
Travel:- From M6 Junction 27 turn east on A5209 to its junction with the A49 at Standish. Turn left at traffic lights and follow A49 for approx. 8 kms. to its junction with A581. Turn right towards Chorley and follow A581 and continue for 1km and follow signs to car park at Woodlands College.

Rail Travel:-The nearest railway station is in Chorley and is 1.3 km from the event centre at Astley Hall. The authorised route for competitors, avoiding embargoed areas is shown on the map at the bottom of these details.

Parking:-

Woodlands College, part of Edge Hill University, will provide all competitors car parking and will be signed from the A581.

Event Centre :- This is at and around the Old Coach House at Astley Hall and is 500 metres from the event car park. Shelter is available in the event of bad weather. Toilets will be available at the Coach House. Enquiries and SI card hire will be inside the Old Coach House.
MUDDY SHOES OR SPIKES WILL NOT BE ALLOWED IN THE COACH HOUSE.



Enquiries and SI Hire:-

This will be in the Old Coach House throughout the event.

Timings:-

Car Park	09.00 – 17.30
Enquiries	09.00 – 17.00
SI Card Hire	09.00 – 10.15
Bib Collection	09.00 – 10.15
Heats Starts	10.26 – 11.45
Heats Courses Close	12.3
CATI Event	12.30-14.00
Courtyard O	10.30 – 15.30
Finals Start Lists	12.45
Women's A Finals Starts	13.45-14.04
Men's A Finals Starts	14.05-14.25
A finals Prize Giving	14-45
Remaining Finals Starts	15-00
Age Group and Junior Prize Giving	16-40
Courses Close	17-00

Club Tents:- These can be erected in the designated area at the event centre, adjacent to the finish. They cannot be erected anywhere else.

Terrain:- Astley Park offers traditional parkland and woodland terrain, whilst Astley Village and Chorley town centre provides complex residential and commercial urban areas. All the courses traverse tarmac, parkland and woodland in approximately equal measure. The main valley in the park has fairly steep sides which are slippery in places. Multi terrain style foot wear should be suitable for both the heats and finals. Spikes are not suitable. The area is used extensively by the general public-please respect their presence. In the urban areas please take particular care to avoid pedestrians, of whom there are likely to be many, and respect private property, including parked cars, especially the wing mirrors.

Map:- Competition Maps are 1:4000 scale with 2.5metre contours. The maps are produced to International Specifications for Sprint Orienteering Maps (ISSOM) 2007 specifications. On arrival at the car park you will be given a warm up map showing warm up areas, event centre and facilities layout, which will be produced to ISSOM to allow you to familiarise yourself with this type of map. The specifications are available from the IOF Map Commission website <http://lazarus.elte.hu/mc/> Maps are printed on waterproof paper. The areas of the qualifiers contains many areas of ornamental shrubs of varying height, with ongoing pruning. For clarity these have all been represented with the fight symbol (410) though many can be crossed with relative ease. Maps will be collected after both heats and finals and will be available after the final competitor has started. The map you will be issued with on arrival at the event car park will detail warm up areas, event centre and facilities layout. Those not coming by car can collect a copy at Enquiries.

Controls Sites: Most of the SI units will be mounted vertically on a post with a flag hanging from that post. In addition, there will be a pin punch in case of SI failure in which case the map is to be punched. The control ID will be on the SI unit and on the post. Where there is more than one SI unit, a separate post will be used for each. An example of one of these will be on display near enquiries. Where a post cannot be used the SI unit will be hung from a trestle, with the SI unit on top of the trestle.

Being an urban environment the control sites may be subject to vandalism. To reduce this likelihood each unit will be cabled to a nearby object. While every attempt will be made to keep this out of your way please be careful not to trip on this cable. A tape or marker with the control code has been placed at each site in case the control unit is taken.

Control Descriptions:-

Will be pictorial for all courses and printed on the front of the map. Loose descriptions will distributed in the start lanes at -3 minutes for both heats and finals.

Courses:-

Course	Heats			Finals		
	Distance	Climb	Control s	Distance	Climb	Controls
Men's Open	2.8-2.9	~ 30	22-24	2.7-2.9	~70	16-24
Women's Open	2.1-2.3	~30	18	2.4	~50	17-20
Juniors	2	~20	15	2.0	~30	14

The Winning time for Elite courses will be 12 – 15 minutes for heats and for the A finals. The juniors may be below this time.

The A finals will comprise the first 20 Men and 18 Women (plus any runners who tie with the slowest A final qualifier from any heat), with equal numbers of qualifiers from each heat as per British Orienteering Event Rules E .

SI:- SportIdent will be used for all courses. Hired SI-cards can be collected at Enquiries at any time before your first run. Keep the same SI-card for the whole day, and return it at Download after your last run. You must use the SI-card that you entered with, or that which has been allocated to you. Any changes must be reported before you run. An SI-card must not be used by more than one competitor during the day. Hired SI cards (dibbers) will be available from enquiries from 9.00am (A charge of £30.00 will be made for any dibber that is not returned). Series 8 & 9 SI cards can be used at this event

Race Numbers:-

All competitors must wear the numbers supplied by us on the chest in both the heats and the finals. The numbers will be available at enquiries from 9.00 am. and pins will be provided. The numbers must not be folded or cut down in any way as this obscures the sponsors' logos. Events such as this rely on the generosity of its sponsors to enhance the nature of the event. The same numbers will be used for both heats and finals, with the exception of the Men's and Women's A final. Competitors who qualify for these finals will be given different numbers at the Start.

Start Times:-

Will be available on the event website www.sroc.org/bsec2010 approximately one week before the event.

Clothing Transfer:- There will be a clothing transfer from the finals start only. One Transfer will take place after the last A finalist has started and one after the last finalist in the D final has started.

Heats Starts:-

All the heats will start at the event centre which is 500m from the competitors' car park. Starts for the heats run from 10.26am, with call-up 5 minutes before your start time. **Do not arrive late – start officials cannot change your start time.** Late starters will be allowed to start at the discretion of start officials, almost certainly at the end of the start list, but start times will not be altered unless it is the organisers' fault that you are late. A start list will be available at www.sroc.org/bsec2010

You may warm up on the 'Warm up area' designated on the map you are given on arrival at the event.

To make following in the heats as difficult as possible, a silent start will be employed. You will not discover which heat you are running until you receive your description sheet two minutes before your start time. The sheet will be clearly marked with your heat number. You must not communicate your heat letter by either word or gesture. The start will be timed, not punching. After you have started, it is your responsibility to pick up the map which corresponds to your heat number. If you take the wrong map you will be disqualified. Heats courses will close at 12.30.

Finals Start (not juniors):-

The Elite Finals starts will be in Chorley Town Centre about 1.4 km walk from the finish and event centre. The route to this start will be clearly marked and must be kept to; please allow about 20 minutes. The Start lists for the finals will be displayed at enquiries as soon as possible after the heats have finished. Warm up is on a wide road adjacent to the start area. Although it is a very quiet road, you should still remain alert for traffic. The first start in the women's A final will be at 1345 and the first start in the men's A final will be 1405. The starting order will be the reverse of the finishing positions in the heats so that the leading competitors start last. The start procedure will be the same as for the heats.

All other elite finals will start from 15.00, with competitors starting at minute intervals in the reverse order of their positions in the heats.

Finals Starts (Juniors):- The start lists for the junior final will be displayed at enquiries as soon as possible after the heat has finished. The final start is 100m from the event arena in the same direction as the senior final start. Juniors should not go on beyond the start and should warm up in the same area as used in the morning. The route to this start will be clearly marked. Starts will be from 14.50 with competitors starting at minute intervals in the reverse order of their positions in the heat.

Finish:- One finish will be employed for all courses, both heats and finals. Download will be next to the finish. You must report to download at the end of each of your courses even if you do not complete them.

Out Of Bounds:- Nearly all of the Competition area has free public access. Certain areas will be out of bounds to competitors until after the final has been run. These areas will be marked by signage and also on the map given to all competitors on arrival at the car park. During the races, there will be marshals in the area checking safety and competitor observance of uncrossable areas on the map. These include areas overprinted out of bounds and uncrossable boundaries. Failure to observe any of these forbidden areas will result in disqualification.

Spectating:-The Event centre gives excellent spectating opportunities and a commentary will be provided by Chris Poole. There are spectator controls close to the finish for both heats and finals. The start times for the other finals will enable most competitors to watch the A finals .

Prize Giving:- Prize giving for the A finals will take place at 14.50, directly following the completion those races. Prize giving for the other finals will take place at around 16.40. Prizes will be offered in 10 year age groups and for Junior winners, and have been kindly donated by Compasspoint and GO-Ape

Results:- Results will be displayed periodically throughout the event. Full results will be posted on www.sroc.org.uk/bsec2010 as soon as possible after the event.

Safety on Junior Courses:-

Parents - please ensure your Juniors read and understand this information. Astley Park is popular with the general public. Be aware of other users (including cyclists and dogs who may be on long leads), especially in the area around Astley Hall and the Event Centre. Courses for the Heats extend outside Astley Park into the urban environment. They use pavements, pedestrian areas and open spaces, and are designed so that competitors are not required to cross public roads with traffic. However, part of the course is on the far side of a road which can be quite busy with traffic. It is compulsory that junior competitors use the Underpass on the way out, and again on the way back. The line between controls directs competitors through this Underpass. The road above is marked as Out of Bounds with purple hatching. There is also a warning on the Description Sheet. The Junior Final remain entirely within Astley Park. The junior courses have been planned to cater for juniors up to and including M/W16 and are approximately light green in standard. If this is too difficult, or you have safety concerns then please contact the organiser.

Safety on Elite Courses:- For the elite courses, both the heats and finals involve crossing public roads, which are open to traffic. Some of these may be quite busy. It is important to remain aware of traffic and pedestrians at all times. There will be event marshals at some of the road crossings. Except as specified below, their role is to act as a visual alert to traffic and competitors, and you must make your own decisions as to where and when it is safe to cross a road. Choose locations where you can see in all directions and can be seen. There may also be a Police presence at some points on the courses. Be alert for pedestrians, particularly when rounding blind corners and using gateways. Astley Park is popular with the general public. Be aware of other users (including cyclists and dogs who may be on long leads), especially in the area around Astley Hall and the Event Centre. Also Chorley Town Centre is likely to be busy with shoppers. Please ensure that you compete in a manner that respects your own safety and that of other road users and pedestrians. You must report to the Organiser any incidents, accidents, injury or damage.

Elite Courses Heats:- There is one compulsory crossing point that uses an Underpass. The line between controls directs competitors through this Underpass. The road above is marked as Out of Bounds with purple hatching and must not be used. There is also a warning on the Description Sheet. This road is re-crossed at a point with good visibility at a later stage in the course. Take particular care, as it may be quite busy.

Elite Courses Finals:- The routes to the first controls cross a road which may be quite busy with traffic. Take particular care here. There is one compulsory road crossing point where you must use a pedestrian crossing. There will be a warning of this on the Description Sheet. There is a control at the crossing. This crossing will be operated by the Police. The Police will be alerted to your arrival by a marshal, and will stop the traffic to allow you to cross. Do not assume that the presence of both Police and marshals means that it is safe to cross at high speed and without paying attention to the traffic or pedestrians. It remains your responsibility to cross safely.

First Aid:-A First aider will be available at the finish. In the event of more serious injury please contact the first aider to arrange for emergency assistance. You should contact the enquiries centre located in the coach house if you cannot locate one. The nearest hospital accident and emergency department is about one mile away at :-
Chorley and South Ribble Hospital
Preston Road,
Chorley,
Lancashire,
PR7 1PP
01257 261222
A Map will be available at Enquiries

Catering:- Catering will be provided by "Cafe Ambio" in the courtyard of the Coach House at the event centre. A range of meals, drinks and snacks will be on sale. The 'Cafe Ambio' is also open to competitors and spectators. Please see www.cafeambio.co.uk for more details.

Facilities:- Toilets will be available at the Coach House. There will be no toilets at the Finals Start but there are some midway between the event centre and the finals start which will be marked.

Compasspoint, one of our sponsors will be on site at the event centre stocking a range of orienteering gear and last minute items.

CATI:- There will also be a 'Come and Try it' event taking place in between the Heats finish and the Finals starts. This will be run from the Courtyard area and will use some of the controls from the morning heats. There will also be a 'Courtyard O' aimed at very the young. Both these competitions are aimed at giving newcomers a taste of Sprint Orienteering. See www.sroc.org for further details.

Dogs:- Must be kept on a lead whilst the event is taking place and are not allowed on the courses

Thanks To:- Chorley Council for their invaluable assistance in particular Lee Boyer

Go Ape for donation of prizes

Compasspoint for donation of prizes

Lancashire Constabulary for making this event possible.

Cancellation:- SROC reserve the right to cancel or postpone the event at short notice in extreme circumstances. In the unlikely event of cancellation/postponement, information will be posted on the event website www.sroc.org/bsec2010. SROC/British Orienteering reserve the right to retain all or part of the entry fee to cover costs already incurred.

Complaints and Protests:- If you are unhappy about any aspect of the competition, please go to Enquiries and ask to speak to the organiser. If you are still dissatisfied after talking to him, you should make a formal protest in writing to the controller via the Enquiry point. He will consider the protest with the organiser and resolve it if he can. If not, the event jury will be convened to adjudicate.

Officials:- Organiser: Tony Marlow 01772-698918

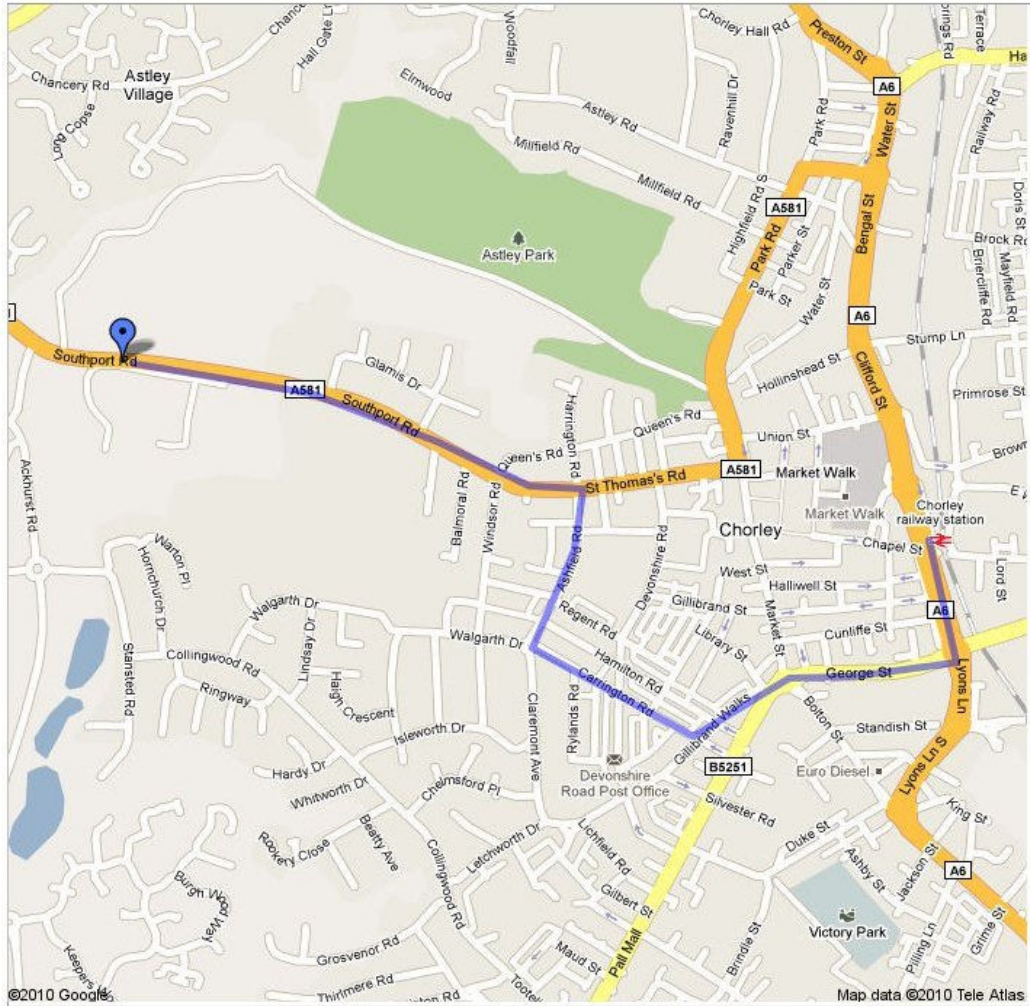
tonymarlow@googlemail.com

Planners : Steve McLean, Quentin Harding

Controller: Tony Thornley (AIRE)

COMPETITORS ARE REMINDED THAT THEY TAKE PART IN THIS EVENT AT THEIR OWN RISK AND ARE RESPONSIBLE FOR THEIR OWN SAFETY AT ALL TIMES INCLUDING WHEN CROSSING ROADS

Authorised Directions From Chorley Rail Station avoiding Embargoed Areas:-



Chorley Rail Station

Line 2

Event Car Park



Warm up maps and further details will be issued here.