



Blodslitet 2017

Tim Watkins Trophy

Whitbarrow

Sunday 19 Feb 2017

Preliminary details (version 1 Jan 2017)

Area: The terrain is the Whitbarrow limestone plateau whose hundred metre cliffs are visible from the A590 near Levens. The area used is partly open fell and partly forest. Some parts of the area are short grass or mature woodland and provide very fast running. In other areas there is significant surface stone, exposed rock and/or limestone pavement. In some places there are brambles, gorse and thorn trees. Last year's bracken has died down and is not an impediment to progress.

Start and finish: There is one start and one finish. There is a long uphill walk from parking to the start and finish on the plateau. Depending on where you are parked, it is between 2.0 and 3.5 km, with 150 metres of ascent. Start and finish are 300 metres apart with a clothing dump located between them.

Clothing: Even though the maximum elevation of the fell is 215 metres, it is very exposed and there is little protection from the elements. Please come prepared for all weathers. Full leg, torso and shoulder cover is compulsory, as is a whistle. It is likely that wearing or carrying a jacket will be required. Depending on the weather on the day, the controller may also require full waterproofs, hats and/or gloves to be worn or carried. The course may be longer and tougher than you are used to, so you may wish to carry food and drink and/or leave some at the clothing dump. There are no drinks provided on the courses or at the finish.

Courses and start times: All courses have mass starts

** Course details may be subject to minor amendments during controlling **

Course	Length	Climb	Controls	Probable mass start (TBC)
A Men Open	14.7 km	585 m	27	10:00
B Women Open	11.4 km	460 m	23	10:15
C Vet M45+ Junior M18-	11.4 km	460 m	23	10:40
D Vet W45+ Junior W18-	7.6 km	335 m	17	11:00
E Men Others	6.2 km	270 m	12	11:20
F Women Others	4.2 km	170 m	11	11:30

All courses are planned with high navigational difficulty TD5 and are physically tough. On the Open courses there are multiple legs longer than one kilometre. Because of the nature of this event and the remoteness of the terrain there are no courses for beginners or younger children.

The Tim Watkins Trophy is a mass start event and no British Orienteering ranking points are awarded. Consequently the planner may use techniques such as butterflies and gaffing to discourage following, and control descriptions will be on the map only (none provided loose).

All courses close at 14:00. Some controls used only at the start of courses may be collected earlier. Control flags are attached to stakes, with a SportIdent (SI) box mounted vertically near the top of the stake. The control code is displayed on the SI box.

Entries: On line entries will be via Fabian4. Entry fees are: Senior BOF members £12, juniors £5 up to midnight on 12th February. Thereafter the senior rate increases to £14, juniors still pay £5. There will be a £2 surcharge for non members of BOF. Entries on the day will be available, subject to there being unsold maps, at the same rates (£14/£5 BOF members, £16/£5 non members). We will endeavour to keep on line entries open as late as possible, so long as maps are available, so reducing the need to enter on the day.