

# Final Details

## Tim Watkins Trophy (The British Blodslitet)



### Hutton Roof and Farleton Knott

Sunday 14 November 2021

*This mass start, long distance race inspired by the famous Norwegian Blodslitet was renamed the Tim Watkins Trophy in memory of Tim who died following a car accident in March 2005. Tim was instrumental in introducing this demanding race to the UK and had already organised the first two races. It is usually held every 18 months, in March or November.*

**READ CAREFULLY on the following topics - -**

**START TIMES (MASS STARTS AND BLUE), CAGS COMPULSORY FOR ALL + OVERTROUSERS ON COURSES A, B & C), FIRST AID POINT AT WEST ROAD CROSSING, COURSE CLOSURE TIMES**

**COVID IS STILL AROUND! REFRESHMENT AND TOILET QUEUES. HAVE A FACE MASK HANDY. SPACE OUT IN THE START AREA.**

**COME TO VILLAGE HALL FOR FREE CUP OF TEA OR COFFEE AFTER THE RACE...AND TO BUY CAKES AND OTHER REFRESHMENTS.**

#### Travel Directions

Best approached from the A6 at Burton-in-Kendal. Leave the A6070 at junction (GR529761) at South end of the village signposted Hutton Roof and Kirkby Lonsdale. Eastward on Dalton Lane for 5km, to junction signposted Hutton and Lupton.

**DO NOT USE THE VERY NARROW LANE which has its junction 1km North of Burton-in-Kendal.**

#### Car park, Village Hall and Finish

Do not park on public roads in village. People attending the Remembrance Day service at the church will park on the road.

Car parking and Finish are in the large field opposite the Hutton Roof Village Hall. LA6 2PG (Grid Ref. SD571784) [//staining/shaky/mouse](#)

Parking charge - £2 per vehicle

The Toilets are in front lobby of the village hall. No muddy shoes or studs in the main hall.

**Dogs** - In parking field and Village Hall paddock only, kept on leads and please poop scoop.

#### Start

**Courses A, B, C & D** have Mass Starts for courses between from 10.30am to 10.45am.

It is not a punching Start. Maps will be distributed to competitors before the order to start.

Control descriptions are on the map. Loose description sheets will not be available at the Start.

The **Blue Course** will have a punching start. Start times have not been allocated. Competitors will start at approx. ½ min - 1min intervals between 10.20am and 10.50am.

The Start is 350 metres with 15m ascent from the Car Park and Village Hall.

The walk to the start passes the village War Memorial and villagers will be holding their **Remembrance Day Service** here at 11am. It is very important that our event causes no disturbance or distraction.

Competitors will be in the Start area before the service commences.

## Course Information

### Dibbers and Contactless Punching

The controls, including the finish, will be enabled in contactless mode so that those with SIAC dibbers should not need to physically punch the controls.

We have a few SI-card 5s for hire. These are not suitable for Course A which has more than 30 controls. SI-card 6 or better (not SI-card 8) is needed.

**Hired SI cards** - Competitors who have ordered SI cards. Please collect at Download tent adj. to Finish.

### Courses

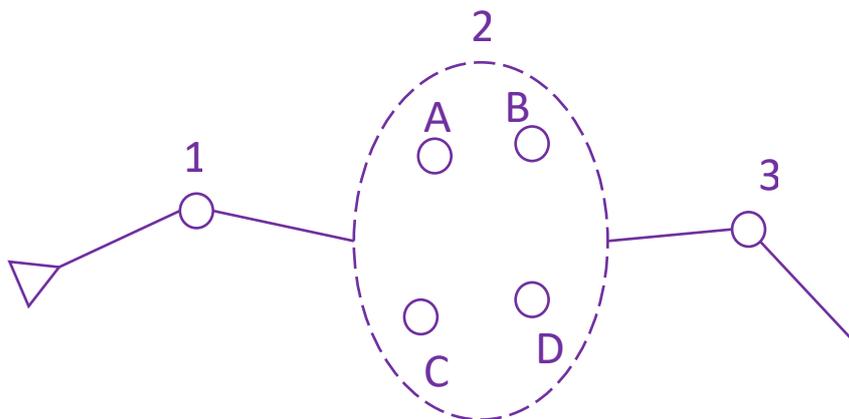
Course	Start	Age Classes	Length	Climb	Controls	Map Scale
A. Men's Open	10.30am	M20+	16.2k	535m	39	1:10,000
B. Women's Open	10.35am	Women's Open	13.0k	425m	29	1:10,000
C. Older Men, Junior Men	10.40am	M50+, M18	12.1k	375m	28	1:10,000
D. Older Women, Junior Women	10.45am	W50+, W18-, M16-	8.6k	270m	22	1:7,500
E. Blue	10.20-11.00am No allocated start times.	Blue starts at approx. ½ min - 1min intervals	6.2k	215m	15	1:7,500

Course D and Blue course do not involve any road crossings

Length and climb for A, B, C and D are indicative and will depend on your route choice through the gaffles.

### Gaffles

All the mass start courses, ABCD, have a number of areas similar to traditional gaffles. These consist of areas where four or five controls may be run in any order. These are mapped as:



In this example, you must visit 1 before going to 2.

2A, 2B, 2C, 2D may be visited in any order you wish. Treat this as a mini score event.

You must visit all of the controls at 2 before going to 3.

Note that the quantity of controls will differ from the numbering of the controls. In the above example, there are six controls, which are numbered 1 to 3.

### Road Crossings

Courses A, B and C will have two road crossings over a minor road.

The first is straightforward, exit the terrain through a gate, cross the road to a stile directly opposite. There is a control on the stile. This will not be manned. Take due care crossing the road.

For the second, exit the terrain through a gate, turn right (West) and run 200m along the road. Then turn left through a gate back into terrain. The route is shown on the map.

## Map

By Omapz Scale 1:7500 or 1:10,000 (see courses table) and 5m contours.

The original survey of this area dates from 2013 and earlier, and featured custom symbols to portray the varied nature of the limestone. It has been converted to ISOM2017 with extensive use of the stony ground and bare rock symbols to represent limestone areas. The map has been partially updated, particularly near controls, but competitors may find some vegetation features and smaller paths that have changed since the map was produced. These should not significantly affect navigation. Some of the rock features such as boulders and crags on the map are smaller than the 1m minimum size recommended by ISOM 2017.

View the maps here - <https://www.sroc.routegadget.co.uk/rg2/#218>

And <https://www.sroc.routegadget.co.uk/rg2/#200>

## Course Information

### Course Closures

Courses close at **2.30pm**. Controls will be collected progressively before this time.

For courses A, B and C, anyone not reaching the manned gate at the second road crossing by **1.30pm** will be timed out and retired from the event.

**All competitors, including retirements must report to Download at the Finish.**

## Terrain

The event is being staged over three adjacent areas (of overall dimensions approx. 4.5k x 2.5k) which have been brought together into one very large map. All of the area is on limestone, but varies enormously by terrain. The courses will offer a lot of variety, and demand diverse orienteering techniques.

**Hutton Roof** is an upland area, mostly of scrub, with open areas, scattered trees, copses, some gorse patches. It has intricate rock detail of crags, boulders and limestone pavement. Bracken growth has been prolific in some areas this year, particularly near the start and finish. It is now dying back, but will still impede progress in some areas. Courses have been planned to avoid the worst areas, or to offer route choice along paths. Some of the smaller paths can be difficult to spot due to overhanging vegetation. The bracken is shown by the vertical green stripe screen.

**Dalton Crags** is mostly wooded, with some clearings and open areas. Woodland density varies from fast runnable beech, to low visibility vegetation over rocky ground which is considerably slower. This is overlain over rock features of boulders and crags.

**Farleton Knott** is visited by the longest courses and has areas of fast close cropped grass plus large areas of extremely intricate limestone open fell.

All areas have bare limestone underfoot. This defines the character of the area, but brings its own challenges. It is slippery when wet, which is highly likely in mid-November. It has many holes and grykes to catch the feet of the unwary. It has rock steps and crags varying from half a metre, to big enough to attract climbers. Please be duly wary of these hazards, and proceed at a pace which is within your abilities.

### Livestock

The woodland of Dalton Crags is home to a small herd of cattle, employed to keep the vegetation down. These are extremely docile, and will happily ignore you, if you ignore them.

The open areas of Farleton Knott are grazed by a flock of sheep. These are quite territorial and may at first appear aggressive. If you face them down they will back off.

### Walls and Gates

The area is dissected by many dry stone walls. These must NOT be climbed under any circumstances. All marked crossing points are mandatory. Where the crossing point is a functioning gate, these MUST be closed and secured behind you.

**Road Crossings - Courses A, B and C only** - Note the advice in Courses about road crossings

A comprehensive risk assessment has been carried out by the organiser.

Participants take part at their own risk and are responsible for their own safety during the event.

## **Safety – Kit Requirements etc.**

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## **Terrain and weather**

This is Cumbrian woodland and very exposed open fell at the beginning of winter. All runners should dress appropriately and carry a whistle. Be prepared for particularly inclement weather

**Kit - Courses A, B and C** (which use Farleton Knot) Competitors must carry - **Cagoule, waterproof bottoms, hat and gloves + whistle.**

Note that the Hutton Roof Fell Race was held over Farleton Knott on 23 Oct under FRA rules which require this kit.

**Kit - Courses D and Blue** (which do not use Farleton Knot) Competitors must carry a **cagoule+ whistle.**

**Vegetation - Brambles, bracken and thorn bushes in parts of the area. Full leg cover is compulsory.**

## **Covid**

The usual advice applies. Do not come to the event if you have had a positive Covid test or are suffering from any of the typical symptoms such as high temperature, cough, chest infection, loss of taste or smell. See more detailed advice below.

An outdoor activity like orienteering is relatively low risk. Please try to keep it that way.

Try not to crowd too close together in the Start area. We will make the start pens large.

At the Village Hall the Village Hall refreshments team will be well organised wearing face masks and serving from behind Perspex screens. Please wear a face mask when queuing to be served.

Move outside to socialise and eat. Prizegiving outside.

Crowding could also take place in the toilet queue outside the front door and in the lobby – other places where mask wearing would be appropriate.

Hand sanitiser will be available in the hall

## **Refreshments and Prizegiving**

Come to the Village Hall for **free Tea and Coffee** - and buy a slice of one the Village Hall Committee's legendary cakes. All proceeds to the village hall. It should be a great opportunity meet and socialise after many months of inactivity and isolation. They take payment in plastic!

No studs or muddy O-shoes in the main hall please!

**The Prizegiving will be soon after 13.30.**

## **Contacts / Officials**

Organiser: Brian Jackson [brian.rb.jackson@gmail.com](mailto:brian.rb.jackson@gmail.com)

Planner: Roy McGregor

Controller: Alex Finch (SROC)

08/11/21