



# Spring Series 2016

## Healey Nab

### Sat 20th February

## Healey Nab Chorley

**Area/Map** – The area is a mixture of mixed woodland, open fell and ex quarry workings. The land rises to 600ft on Healey Nab itself so can be quite exposed. Woods are runnable with some brambles. The main wood & quarry area is used extensively by mountain bikers. There are dedicated bike tracks which are marked on the map. Competitors should be on the lookout for bikes which can be very fast. **Maps are scale 1:7500.**

**Courses:** - There are 2 courses. Short Course will be of Orange standard intended for beginners and learners as well as children accompanied by parents. Also a longer technical course for more experienced competitors. Absolute beginners are welcome and will be given help.

**Entries** – Entries on the day. £5 per adult and £2 for Juniors . Enquiries to

Dave Hargreaves , 1 Neare Meadow , Clayton Le Woods , Chorley , Lancs PR6 8UF  
[davehargreaves07@btinternet.com](mailto:davehargreaves07@btinternet.com) 07821105928 01772628026

Please fill out entry form which will be given to you at parking. We will use sport ident dibbers. Hire dibbers are available. Cost £1. Don't loose them as charge for loss will be £25.

**Parking:-** Will be on Froom Street Chorley. Approach from Eaves Lane Chorley (East side of town). Try to get there 12pm thru to 1pm.

**Start/Finish** - Courses will start approx 1km to the east along footpaths. Starts 12.30 – 1.30pm.

**Enquiries:** - General enquiries to organiser David Hargreaves 07821105928 - before 9pm.

**Planner:** - Dave Hargreaves (SROC)

**Event Coordinator** : - Jane Anthony (SROC)